



February 2020

February is Heart Healthy Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Treat Yourself Right		
3 Applesauce 5 White Milk <hr/> Applesauce 5 White Milk	4 Canned Peaches 5 White Milk <hr/> Canned Peaches 5 White Milk	5 Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	6 Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	7 Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk
10 Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	11 15 Oranges 5 White Milk <hr/> 15 Oranges 5 White Milk	12 Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk	13 Canned Peaches 5 White Milk <hr/> Canned Peaches 5 White Milk	14 Early Dismissal No Service
17 President's Day No School	18 15 Apples 5 White Milk <hr/> 15 Apples 5 White Milk	19 Applesauce 5 White Milk <hr/> Applesauce 5 White Milk	20 Sliced Cucumbers 5 White Milk <hr/> Sliced Cucumbers 5 White Milk	21 15 Oranges 5 White Milk <hr/> 15 Oranges 5 White Milk
24 15 Apples 5 White Milk <hr/> 15 Apples 5 White Milk	25 Canned Pears 5 White Milk <hr/> Canned Pears 5 White Milk	26 Sliced Cucumbers 5 White Milk <hr/> Sliced Cucumbers 5 White Milk	27 Fresh Baby Carrots 5 White Milk <hr/> Fresh Baby Carrots 5 White Milk	28 Institute Day No School

Snacks are provided to the AM and PM classes.

Apples belong to the same family as roses.

Treat Yourself Right



Concord Elementary School



Special News...

Feeding young minds.
www.aramarkschools.com

Menus are subject to change without notice.